

Forum: [Pheromone Reviews - Real People - Real Reviews](#)

Thread: [After all this time.. do pheromones work?](#)

js8166 - June 2, 2012, 4:56 am

I guess I'll start with some background info....

I started at Androtics. I spent a few months there. Accumulated 150+ posts. Spent around \$400 in their store. I slowly started googling some more and found this forum. I spent another \$200 or so at Alpha Dream and maybe \$75 at True Pheromones. I was active in both forums until January. I came back every so often in February, but quit after that.

I still occasionally used mones, but never really got a noticeable effect. Ever. Now it's been almost a year since I first got into mones and know that, at least for me, it's a complete waste. I see some people like wiserd, Fly So Hi, as33156, eyeofra, and idontknow are still active. I guess they have been having success still.

I'm not really sure what my objective is to post this. I'm sort of hoping someone will come on and say "oh js, I never got anything either, I'm just in it for the lulz" but I highly doubt anyone would keep buying expensive products if they were convinced it doesn't work.

I'm actually contemplating throwing out about \$300-\$400 in unused product.. (yeah, I was stupid and bought a bunch of different things based on reviews. Glace looked promising. Got it. Nope. AM? Nope. etc. etc) All this stuff is hard to keep up with and takes up a bunch of space.. I have the entire Androtics Instant lineup, 10+ MX's, A314 oil, 3-4 Alpha Dream sprays, 1 true sprays, 2 true oil droppers. That's all I can think of. If this thread is popular tomorrow, I'll post a picture for you guys haha. If anyone can think of anything else to do with em, feel free to chip in lol

I'm not really sad or angry that it didn't work. Slightly bummed, thats about it. Whatever. I was interesting to learn about all this stuff.

btw, I hope I don't offend any of you guys or make mark mad or anything. I know it's a pheromone forum and all, but I felt like I had to let people know that not everyone has success.

Curiosity - June 2, 2012, 5:12 am

Yes, we all spend hundreds of dollars on things that don't work at all. That makes sense. Yep, k.

DGamer - June 2, 2012, 5:38 am

(06-02-2012 3:56 AM)js8166 Wrote: [](#)I guess I'll start with some background info....

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btw, I hope I don't offend any of you guys or make mark mad or anything. I know it's a pheromone forum and all, but I felt like I had to let people know that not everyone has success. I failed to see things with my first 3 bottles. But I saw stuff on my 4th. It does require persistence and perception. Either way though, this stuff is very subtle, you need to pay attention to details, you honestly won't know what is a hit or what is coincidence. What you should notice however, is an unusual amount of "coincidences".

If you're still not willing to use them though, feel free to ship them to me xD

Alpha Dream - June 2, 2012, 5:44 am

Js,

If our products don't work for you, return them! Don't throw them out, as we will give you a full refund of the price you paid.

Cheers,

Chris @ Alpha

mark-in-dallas - June 2, 2012, 8:51 am

I'm not offended js. As DGamer said though, it does take time and persistence, and in the end they aren't going to work for everyone. Does that mean its all a scam? Of course not. Asperin doesn't work for everybodybody, nor do many other drugs, and in fact some can even kill those people that it doesn't work as intended for. Does tht mean that they are a scam? No.

Its sounds like you were persistent though and really did try to get them to work for you, instead of just spraying everyone on at once a couple of times, then deciding its all bull.

You have my respect for giving it your best effort.

AlternativeGirl - June 2, 2012, 9:29 am

Rather than just toss them, you can sell them at the trading post here. There are people who would be happy to buy them off you. I personally know that all three companies you listed make products that I find to work very well. And there are a ton of members on this forum, so it would be an ideal place to advertise your desire to sell them if you are interested in doing so.

halo0073 - June 2, 2012, 10:02 am

sell em!

as33156 - June 2, 2012, 10:45 pm

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Don't toss those mones away just yet. Try some subliminals for about 3 straight then start using the pheromones again. It worked for me

eyeofra - June 3, 2012, 12:03 am

They work . . . Oh baby they work. You said you've got Glace . . . So wear about 6 sprays of it for a few days in a row. You'll come out of it knowing a lot of things about your friends you didn't know before . . .

I agree with as3, listen to the alpha male subliminals for a few days : it will help.

And if all else fails sell 'em in the trading post.

But really, they work. It's not all blatant hits though. A lot of it is extremely subtle. If your not paying attention, (or looking in the right direction at the right moment), you won't notice a thing.

Q-Tips - June 3, 2012, 1:00 am

Sorry to see nothing worked for you. After all, when you spend time as you did for a year testing them out, you would expect to see some respond. So of course you got tired using them anymore.

If mones work for you or not depends what results you expect to see from them. I been using dozen of mones i never seen anything at all from. I also been using mones who i failed to see anything from for weeks, puted it away, and then a month later tried it again, just to get many hits. There have also been mones i never seen anything from before i suddently ended up in a special setting where i then got amazing hits. The problem with mones, is that you doesnt always know what is hit and what

is not. After all, its not like the mones make people confess their feeling they get to you. And some times the responder themself wouldnt be able to describe the feeling completely.

For my own sake, the mones never made it to an Axe commercial. For me its just another tool in the toolbox.

So you never seen any results from other when using your mones. But did you get any kind of self effect when using any of yours?

wiserd - June 3, 2012, 3:34 am

I'm really curious what happened here. Can you read body language and tell if people are reacting differently? What were your expectations? What did you look for? How did you use this stuff? How much did you use? How much exposure time do you believe is needed for something to work? How did you store your mones and where and under what conditions? What do you look like and how do you typically interact with people socially? Do you experience any self effects from this stuff? Do you use any drugs or have any medical conditions or are your interactions with pharmaceuticals in any way atypical?

As others have said, sell the stuff if you don't like it.

Sorry if some of this is personal, but I'd like to troubleshoot this. Failures are good learning opportunities. If nothing else, I wonder if you have an unusual body chemistry.

"Defeat may serve as well as victory to shake the soul and let the glory out."• - Edwin Markham

ZB pmones - June 3, 2012, 11:14 pm

(06-03-2012 2:34 AM)wiserd Wrote: [](#)I'm really curious what happened here. Can you read body language and tell if people are reacting differently? What were your expectations? What did you look for? How did you use this stuff? How much did you use? How much exposure time do you believe is needed for something to work? How did you store your mones and where and under what conditions? What do you look like and how do you typically interact with people socially? Do you experience any self effects from this stuff? Do you use any drugs or have any medical conditions or are your interactions with pharmaceuticals in any way atypical?

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Excellent questions wiserd. I myself have similar problems with mones and have been going through all these questions one by one. Last week's experiment was testing out maybe my skin might be absorbing most of the mones too quickly. So I stuck two fabric band aids on my arms under the shirt and rolled some AV on it and also 3 sprays of Turn Up The Heat on the front of my shirt. Went to a young entrepreneur gathering and the first girl that was introduced to me practically leaned on me while talking to me. Chatted for a while but then her friends pulled her away and she never came back...so chalked that up as I'm tall, she's short and music is loud so she had to lean on me to talk to me. Hottest girl in the group gave me the biggest smile as she walked by and the guy she's with bumped me twice...hmmm...Turn Up The Heat intimidation at work Another girl was introduced to me but immediately she starting neging me saying how lousy my Chinese is etc and then she disappeared too. Opened a set of 3 girls, one ignored me, one smiled...moved on to another set that worked out. Left with one girl in hand for after party, but somehow managed to lose her and ended up with another girl. Very inconclusive night in terms of effectiveness of the

mones....but it was fun having all these different reactions from people that night.

dbot - June 4, 2012, 1:18 am

@ZB - That doesn't sound like an inconclusive night to me at all. It sounds like you conclusively used too much Androstenone and had reactions very stereotypical of doing so - women aroused but not interested, men aggressive or dismissive. AV plus Turn Up The Heat is not likely to fetch any other result than this for most people, but it sounds like it clearly had an effect.

ZB pmones - June 4, 2012, 1:27 am

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@dbot - this is the first time that I got a range of reactions like this. Usually there was no reaction at all regardless of whether I use regular dosage or crazy dosage. Will test again with lower dosage next time.

dbot - June 4, 2012, 1:32 am

Ah, I see. Do you have dry skin? On the fragrance forums some folks talk about needing to use moisturizer before applying perfume to be able to get reasonable projection and longevity. It may be that your skin is retaining most of what is applied to it.

ZB pmones - June 4, 2012, 1:38 am

(06-04-2012 12:32 AM)dbot Wrote: [](#)Ah, I see. Do you have dry skin? On the fragrance forums some folks talk about needing to use moisturizer before applying perfume to be able to get reasonable projection and longevity. It may be that your skin is retaining most of what is applied to it.

Don't really have dry skin but I think my skin might be retaining a lot of the mones. I've already tried moisturizing with lotion and even baby oil before application but no result like with the band aids. Will stick with the band aids and vary the dosages. Thanks dbot

js8166 - June 4, 2012, 8:17 am

Oh wow, so many replies. Haha wasn't really expecting all that. I'll reply to this one, it appears to cover a lot of topics

(06-03-2012 2:34 AM)wiserd Wrote: [](#)I'm really curious what happened here. Can you read body language and tell if people are reacting differently? What were your expectations? What did you look for? How did you use this stuff? How much did you use? How much exposure time do you believe is needed for something to work? How did you store your mones and where and under what conditions? What do you look like and how do you typically interact with people socially? Do you experience any self effects from this stuff? Do you use any drugs or have any medical conditions or are your interactions with pharmaceuticals in any way atypical?

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"Defeat may serve as well as victory to shake the soul and let the glory out." - Edwin Markham
I'd say I'm pretty good at reading body language. At the very least, I can tell if someone is acting differently.

I wasn't expecting much. One of the things that I didn't like is that I went through life being pretty

much unnoticed. I was hoping mones would at least get more people to look my way. With something like Glace, I was hoping that I'd get the occasional person to open conversation with me. When that didn't work, I tried starting conversations with other people to see if they would flow more naturally. Still nothing more than normal.

I used anywhere from small amounts to excessive amounts. Towards the end, I probably leaned more towards the excessive side, but I did try going out with just a couple sprays on.

Exposure time: Hmm.. anywhere from a few seconds to a few minutes. I'd think some of the stronger ones like A314 would take more time to work.

I always kept em in a sock drawer. The only time they say the light of day was when I went to put em on. My room is kept around 70-75 Fahrenheit all day.

This next part is what may have failed me..

I'll just come out and say it, I'm fat. I have been all my life. Right around February, when I put down the mones, is when I started working on dieting and stuff. I only recently moved from obese to overweight. Not trying to fish for compliments or anything, but I've dropped to about 24% BF. I can hopefully get to 20% by next sem. My ideal is about 10%, but the one I definitely see myself getting to is 15% by next summer.

That being said, I wasn't the most attractive guy out there, and I'm also not that great socially. This likely contributed to my lack of success. I should note, however, I don't let myself get down based on my looks or anything. I was going around with a neutral attitude.

I occasionally did experience self effects, but looking back they were all bad effects. Things like extreme social anxiety. I made a post about how I became extremely conscious about myself socially whenever I put on glace. It did go away after a little while. Looking back, it was probably caused by a mix of placebo and just my socially awkward self.

This one might also be interesting. I myself would never abuse legal or illegal drugs or alcohol (lol). However, my pet parrot did start dabbling in these things. She found that he has a high tolerance to stimulants. Ephedrine, caffeine, Vicodine, and even Adderall had no effects on her. My parrot even tried LSD with no effects. Her other parrot friend tried some from the same batch and got an excellent high. My parrot also drank for the first time ever. She drank about 10oz of liquor in quick succession but had trouble getting drunk. She was definitely not sober, but she didn't look as drunk as she should be.

I googled this natural tolerance, and it turns out that there are other parrots out there with similar issues.

Preview Post Shooooootttt that was a long ass post. Chris, thanks for offering, but I don't think I'll go through the mess of returning and all that. I paid for these so long ago that I don't really care about the money anymore haha. I'm sure other companies accept returns too, but like I said, I was more disappointed in the product itself than the money it cost. To the others, in a similar manner, I won't really bother selling, unless someone wants to drive down to Southeast US to pick em up

I'm going to continue working on my outward appearance and my inner confidence. It's improved a ton over the past few months. It's given me more than mones ever could. I'll take all this back to college next semester. Once I'm in a good natural agreement with myself again, I'll slowly introduce mones to see if they make a difference.

Mones only contribute 10% or so anyway right? I guess if I never had much value to start with the mones never added much. I'll never be done working on myself, but maybe if I reintroduce mones when I feel like I have much greater value, the 10% from the mones will count for more, and hopefully provide a noticeable difference.

ok ok enough rambling. Here's a picture.. hope the size doesn't mess up the page. EDIT: it totally did LOL. I attached the pic instead[attachment=254]

Ozee - June 4, 2012, 8:47 am

Ok buddy, I think I saw where the problem lies. You need to build your inner self 1st, mostly your confidence and how good you feel about yourself. I suggest you get the e-book and subliminal 1st and use it. Search for it on as3's journal. This will help you big time like most of the people here. Once you feel good about yourself and motivated, try using mones again. You will see the different.. We're all here to help each others out. So don't throw the mones just yet..

Keep updating your progress buddy. Don't hesitate to ask for suggestion..

Ozee

js8166 - June 4, 2012, 9:31 am

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Ozee

Thanks! but.. I was never really lacking confidence. I did feel pretty good about myself. Even before. But confidence only goes so far. One could argue over personality vs. physical appearance, but I'm sure everyone agrees that physical appearance matters to some extent. I've already got confidence in check for the most part, but there's always room for improvement! I do need to work on physical appearance, and that's just something I'll have to be patient with. I'd say the third thing that matters is social skill, which is something that you can really only gain by experience. As an introvert (note, not necessarily a bad thing) I never really found too much pleasure going out and socializing. One of the things I've realized lately is that I'll just have to force myself into society's standards if I want to succeed (with ease).

To be honest, I came into mones just wanting to be more successful with women. However, I've stopped caring about that so much, and I'm more focused on having an image that commands the respect I think I deserve. I don't have a huge ego or anything, but when you are naturally quiet and overweight, people start off with negative thoughts about you. They think you're shy and have no confidence. They think you're lazy and have no self control. Well... that's just not me. If I have to turn myself around to prove that, then so be it.

this probably goes waaay beyond the world of pheromones. but whatever haha. i feel like i'm really putting myself out there. but whatever, i'm just js8166 from the internet. only Chris knows my real identity. i am pretty paranoid, but i trust he won't just give out one of his customer's private details. feel free to say whatever in response. no need to be nice. at the end of the day, if i'm offended, i can just leave lol. no need to worry about any obligations to defend myself.

Edit: oh and yeah, I won't be throwing them out for a while for sure. I'll work on myself some more for at least a few months before I start over experimenting. I'll still use them occasionally, but I want a sort of fresh start when I start using again.

AlternativeGirl - June 4, 2012, 9:49 am

You have quite an impressive collection there! Yeah, I wouldn't throw that out. If you keep up the awesome improvements you are making, and you keep striving to improve your inner game, you will definitely see better results than all the mones in the world could possibly provide. I think it is awesome that you have decided to make the sort of changes you are making. You are in charge of your life, and you will have a longer and better life for the choices you are making. You deserve the life you dream of having.

Rome wasn't built in a day. It's the day to day choices- every moment is a choice- and it's those choices over time that determine the future we will have. If you keep up these awesome choices you are making, you are making a more awesome future for yourself. And, as you feel better and healthier and more confident as a result of these good choices, I'm sure everything in your life will reflect these improvements. Interacting with people will be easier. Encouraging others is easier when you have seen positive changes in your own life. Truly loving other people is easier when you love yourself.

I wish you all the success that your efforts deserve.

as33156 - June 4, 2012, 12:39 pm

(06-04-2012 8:31 AM)js8166 Wrote: [](#)Thanks! but.. I was never really lacking confidence. I did feel pretty good about myself. Even before. But confidence only goes so far. One could argue over personality vs. physical appearance, but I'm sure everyone agrees that physical appearance matters to some extent. I've already got confidence in check for the most part, but there's always room for improvement! I do need to work on physical appearance, and that's just something I'll have to be patient with. I'd say the third thing that matters is social skill, which is something that you can really only gain by experience. As an introvert (note, not necessarily a bad thing) I never really found too much pleasure going out and socializing. One of the things I've realized lately is that I'll just have to force myself into society's standards if I want to succeed (with ease).

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There two types of confidence.

The one that says a lot but fails you in the crunch time & the quite one that allows you to chill knowing you can trust yourself when your environment and around others.

I think you have the first one. Give the the subs and ebook a try. After all it's free.

Best of luck!

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I googled this natural tolerance, and it turns out that there are other parrots out there with similar issues.

I'd say that a significant portion of more success is the positive body language which appears in response to the mones. There are studies showing that some men exposed to particular mones have more attractive body language. As I've developed a tolerance to many mones, the positive effects I've seen in others have diminished somewhat. And if I don't feel good, the effects are minimal to negative. So for starters, I'd say "don't do anything that makes you feel uncomfortable." In particular, if you're unconfident then "alpha" mones in any significant quantity may stress you out and worsen your body language. If you do choose to use them, put some DHEA or 7Keto DHEA under your nose to help negate the negative self effect. But in general I'd say; give up on any significant quantity of alpha mones for now. You will likely experience negative effects from all but the tiniest of amounts. (.1mcg or so) except, perhaps, for androstAnone.

In short; DON'T WEAR ANYTHING THAT MAKES YOU FEEL LESS CONFIDENT OR LESS HAPPY. Feeling good about yourself is the most important thing. The effect of mones on others is secondary.

Personally I tend to be in pretty decent shape. (Not tall, but reasonably fit.) However I can get stressed pretty easily. A314 did more harm for me than good, I think. And it didn't help that I hate the scent of Akuto.

My wife has the same issue that your parrot does with alcohol and caffeine. No effect from either. She almost never drinks, but she can't get drunk on even three cups of alcohol. And she didn't notice a response with Glace either. I'd point to this as one of the stronger factors in your experience.

Incidentally, thyroid issues, depression and PCOS run in her family. I'm wondering if your parrot has the same breeding. She's also had sleep problems in the past linked to her depression. Since Glace, alcohol and sleep all involve GABAergic receptors I wonder if there's a common issue there.

Quote:Exposure time: Hmm.. anywhere from a few seconds to a few minutes.

There are studies which show that some of the effects of androstadienone require as much as 2 HOURS to kick in. Androstenol, etc. and other mones are much quicker, obviously. But if you want to see a positive effect, try androstadienone in some situation where you'll be around a girl for that lengthy period of time. It will alienate guys, of course, something powerful.

But it's pretty consistently wonderful on girls. It spreads the 'nice guy' aura and elevates their moods.

It's great to hear you're working on self improvement.

When a person eats is significant in regards to how much weight they gain. Mice fed when they were usually asleep gained significantly more weight, even consuming the same # of calories. Make sure to get a decent amount of green vegetables. Calcium is great for metabolism, but your body needs vitamin K to use that calcium, otherwise it can lead to arterial calcification.

Hoodia at night can help you shape your eating patterns. Also, quality sleep is linked to good metabolism. Have you had any sleep issues?

A B vitamin complex can help with metabolism as well. Have you ever had B12 checked? Thyroid? A small number of people lack intrinsic factor to absorb b12 through their intestines, but they can absorb it under their tongue.

Best of luck!

(06-04-2012 12:28 PM)wiserd Wrote: [](#)I'd say that a significant portion of mone success is the positive body language which appears in response to the mones. There are studies showing that some men exposed to particular mones have more attractive body language. As I've developed a tolerance to many mones, the positive effects I've seen in others have diminished somewhat.

So you used it only for your self effect? To straighten yourself up, both your body language and your confident way of thinking? And without that effect, you now have little effect from the pheromones? Or am i wrong?

If that is so, could it be pheromones doesnt work for you either? Could the self effect who gives the male an attractive body language just be a placebo since they now think they are attractive by using mones?

They use mones who they belive will make them attractive. And since they belive so, they will act this way as well. They get a pheromone for the first time. Add it on, and goes to the supermarket to look around while they feel great and attractive. The cashiergirl smile and say hello. So they get all high thinking the mone was wonderful and runs back, sit down at his computer to write a report about his first hit.

I belive JS deserves a lot of respect for this thread, as i belive he just write what many think but isnt brave enough to say.

wiserd - June 5, 2012, 1:49 pm

(06-05-2012 9:54 AM)Q-Tips Wrote: [](#)So you used it only for your self effect? To straighten yourself up, both your body language and your confident way of thinking? And without that effect, you now have little effect from the pheromones? Or am i wrong?

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I didn't use mones only for self effects. I simply didn't say that. Positive self effects were never my intention at all. The residual distraction from nols was often annoying at work, in fact. And I do still get results from mixes which don't affect me (much) any more. But self effects and their pro-social impact on body language contributed to the effect, and I would get positive reactions from people in cars, sometimes, just because I was smiling more and looking at people. But I have much more solid evidence than this.

Androstadienone is the clearest example of the positive effectiveness of mones. It gave me mild depression at times, but very clearly improves some women's opinion of me. And notably, when it caused depression, that depression didn't actively hurt my body language. Mones that explicitly made me stressed didn't help me out much, however, till I worked on fixing that stress or just eliminating the molecule. The impact of negative self effects from those molecules weighed more heavily on me than positive effects on others. Or if I have a headache or feel embarrassed, (or if someone is so Androstenone sensitive that my cover scent doesn't cover the smell) those things will be more significant than help from the mones. And if I have a headache from some mix I made, I know I'm going to be scowling more than usual and that impacts people.

Alpha Dream's website warns that less confident males can sometimes have this issue with more "alpha" mixes. So people, even vendors, have written about this issue. This isn't really anything that new.

I could concentrate on being relaxed and smiling and sometimes correct my body language, but it took an effort.

I'm sure there's some placebo effect at work and I've tried to account for that. But I'll also swear that there's far more to the impact of various molecules than just a placebo effect. At times, I've tried talking to a person, spraying some mones on my hand and then watched their body language change. I've tested various molecules that are not known pheromones to see if they have an effect or not. People tended to agree that certain test molecules had no beneficial effect, even when they didn't know one another's results. I've tried very hard to be rigorous about this and I'm absolutely certain that there's more to mones than just placebo effect and confirmation bias.

I've seen women start rubbing their chests or getting agitated because of mixes that I've worn. Since I'm not looking for sex, I don't necessarily find such outcomes advantageous but I do find them interesting. I've had women suddenly start complaining about their husbands and inquiring into my relationship status in a way that made it clear that they were hitting on me, and were confused when I didn't reciprocate. I've seen behavior in friends which was simply beyond their normal behavior (like showing skin, etc.) when I was testing this stuff out. I won't go into detail, but I have a few examples of androsterone creating jealousy to the point that I'm careful of who I wear it around. I didn't go into any social situation with the expectation that that particular effect might be significant.

I don't think changes in my behavior were sufficient to account for this. So no, I don't think that the entire effect is a placebo effect or the result of my body language. I can point to a whole litany of experiences (both good and bad) that I wouldn't have had without mones.

Q-Tips - June 6, 2012, 6:12 pm

Thanks for clearing that out Wiserd. Sorry if you think i had doubts in you, i didnt, i just wanted you to clarify i little more.

If i should say what i think, the self effect are the real evidence you'll ever need to know pheromone works. After all if yourself get the wanted effect, why shouldnt other standing in your clouds get the same effect? And anyone trying out mones and got an self effect should know this, no matter if it is an instant effect or a gradual chances in mood or behaviour.

But when a person doesnt get a self effect, or as JS who only get bad effect, then theres clearly something wrong.

wiserd - June 6, 2012, 7:54 pm

(06-06-2012 5:12 PM)Q-Tips Wrote: [](#)Thanks for clearing that out Wiserd. Sorry if you think i had doubts in you, i didnt, i just wanted you to clarify i little more.

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But when a person doesnt get a self effect, or as JS who only get bad effect, then theres clearly something wrong.

It's all cool.

I feel the best way to look at the matter (and others may feel differently) has been that mones do not provide social context and social context is vital. Social context is still 110% up to the individual. What mones can do is influence existing relationships or steer relationships which would have been

created anyways. So mones will not give you friends or coworkers. They will not convert strangers on the street into friends by the power of their awesome magic if you wouldn't be capable of making friends out of people on the street normally. There are exceptions, but they're rare and the person who waits for them will spend most of their time waiting.

They will alter group dynamics and flavor the interactions of people who would have interacted with you anyways.

People still need to have a logical reason to spend time with you. Those reasons are the peg that they hang their positive association on and mones do not replace them.

Even if you had a magic button that made a woman incredibly turned on whenever you were in her presence, 99% of girls are simply not going to act on that impulse alone. Depending on the girl and the molecule, I could definitely see someone using this stuff to dig his way out of the friend zone, though.

I also think that better results will be seen with longer time frames and more potentiating molecules. Androstadienone and androstAnone are potentiating. Androstenone usually isn't. At least, that's been my experience.

ZB pmones - June 7, 2012, 10:44 am

(06-06-2012 6:54 PM)wiserd Wrote: [](#)It's all cool.

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Damn wiserd, you just burst my mones bubble! But well said. Repped and would vote this for quote of the month if I know how.

wiserd - June 7, 2012, 11:44 am

(06-07-2012 9:44 AM)ZB pmones Wrote: [](#)Damn wiserd, you just burst my mones bubble! But well said. Repped and would vote this for quote of the month if I know how.

Thanks ZB. :-) ... you nominate a post by clicking on the gold-fringed 'nominate' badge on the left side of the post. The one that says "nominate this post." Is it not showing up?

jancoman - June 21, 2012, 10:11 pm

mmmm self effects. I mean placebo is a helluva drug. Strongest one there is. At my school kids used to smoke an incense called red rocks opium, they didnt realize it was just incense (I mean why else would it be sold in a store) but you wouldn't guess by how they reacted. its interesting

Q-Tips - June 21, 2012, 11:46 pm

Jancoman, would you say all self effects from using mones are placebo? And if so, how big a chance is it that all the respond you see from other are placebo?

wiserd - June 22, 2012, 12:19 am

(06-21-2012 10:46 PM)Q-Tips Wrote: [Jancoman](#), would you say all self effects from using mones are placebo? And if so, how big a chance is it that all the respond you see from other are placebo? I know this wasn't directed at me, but they've done double blind studies with androstadienone.

Quote:...during the stimulation and recovery periods the whole-face temperatures increased with the ovulatory women and decreased with the non-ovulatory women (Fig. 2). Indeed, for androstadienone exposure as recovery period vs. stimulation period, there was a significant continuous increase in the ovulatory women (p women (p seen.

The largest variations here were seen for the nose, the temperature of which appeared to show a significant late activation peak during the recovery phase following androstadienone exposure in both the ovulatory and non-ovulatory women (p both), as also seen for the forehead region with the non-ovulatory women (Fig. 4).

Moreover, in the ovulatory women, the palm temperature appeared to be the most responsive parameter to androstadienone administration.

...

Furthermore, the time-courses of the responses to exposure to androstadienone range across studies, from about 6 min, to 30-40 min, and up to more than 2 h (Jacob and McClintock, 2000; Grosser et al., 2000; Bensafi et al., 2003). These discrepancies might reflect the various methodological approaches and the dose-dependent effects of the ANS responses that are seen between the sexes: at higher concentrations, androstadienone has sympathetic-like effects in women, and parasympathetic-like effects in men (Bensafi et al., 2003; Bensafi et al., 2004b).

...

Moreover, thermal fluctuations that suggest a double heat-peak response to androstadienone were detectable: an early response over the first few minutes of activation that is in agreement with previous studies (Jacob and McClintock, 2000), and a delayed response that is compatible with middle-to-late responses (Grosser et al., 2000; Bensafi et al., 2003).

<http://precedings.nature.com/documents/4477/version/1> Quote:Here's another <http://www.sciencedirect.com/science/article/pii/S0018506X09000051>
There are more.

lostlibra74 - July 23, 2012, 6:37 pm

I know this is an old thread, but reading through made me remember something that might be appropriate. The OP mentioned being overweight. My understanding is that fat cells either increase estrogen in males or store estrogen in males and because of that all sorts of things can get out of whack. Is it possible that this would cause problems with pheromone reactions?

